

What is Acupuncture?

Acupuncture is a natural preventive medicine designed to balance the body's life force (electrical energy field). Scientific investigation has proved that the body emits an electrical energy field. Have you ever had the hair on your arms stand up while walking on carpet and then touch someone and get a shock? That's your magnetic energy field! Your body's energy field can be measured at various points throughout the body called Acupuncture points. These Acupuncture points when stimulated cause a similar reaction to the related internal organ.

An obstruction of your bodies energy flow results in a disorder or even disease. Acupuncture aids the body to correct a variety of these energy imbalances. There are twelve (12) main groups of Acupuncture points which connect to a meridian. Meridians are the internal organs that correspond directly to their Acupuncture counterparts.

Ancient Chinese documents describe an energy force that travels through the meridians called "Chi." Through acupuncture, this energy can be increased or decreased in any organ or part to bring about proper balance which is conducive to good health.

History of Acupuncture

Some 5000 years ago, the continent of China was plagued by disease and early mortality. The great Emperor Huang-ti ordered ChiPo, celebrated court physician, to incorporate the use of nature's forces to cure his people. It was decreed that henceforth treatment would consist of exercise, massage, respiratory therapy, incense, all of nature's elements (Yin-Yang) and acupuncture.

The continued success of acupuncture is evident by the fact that it has survived the multitudes of cultural and scientific changes that have occurred in the last five thousand years

Acupuncture is being used worldwide as a natural medicine. Acupuncture is slowly gaining acceptance in the Western World of medicine. Acupuncture is now being integrated with western medicine in hospitals and clinics.

Acupuncture Arizona

2401 N. Hayden Road, Suite 108, Scottsdale, AZ 85257
Office: 480.946.5626 Web: www.acupunctureAZ.us

The Treatment

The application of acupuncture therapy is performed by skillfully piercing the skin with very fine needles to various depths. The points at which the needles are inserted is determined by the body's chi imbalance (disease), it's location, and various organs associated with this imbalance. Acupuncture Arizona uses special fine, presterilized disposable needles to stimulate these designated acupoints. This stimulates the chi imbalance (life force), blood, and balances the body's yin and yang. Acupuncture also stimulates the body's immune and healing system.

The points at which the needles are used is determined by the disease, it's location, and various other indications. Any discomfort that may occur is minimal and can be compared to that of pulling a single hair from the skin.

It is important that the patient be relaxed and comfortable during treatment so that desired results can be attained.

There is virtually no sensation once the needles are inserted.

Most patients will experience a sense of well-being and relaxation after treatment. The World Health Organization has recognized over 43 illnesses successfully treated by acupuncture and herbal medicine. Visit our website (<http://www.southwestxpress.us/acupuncturearizona/specialties.html>) to view this growing treatment list.

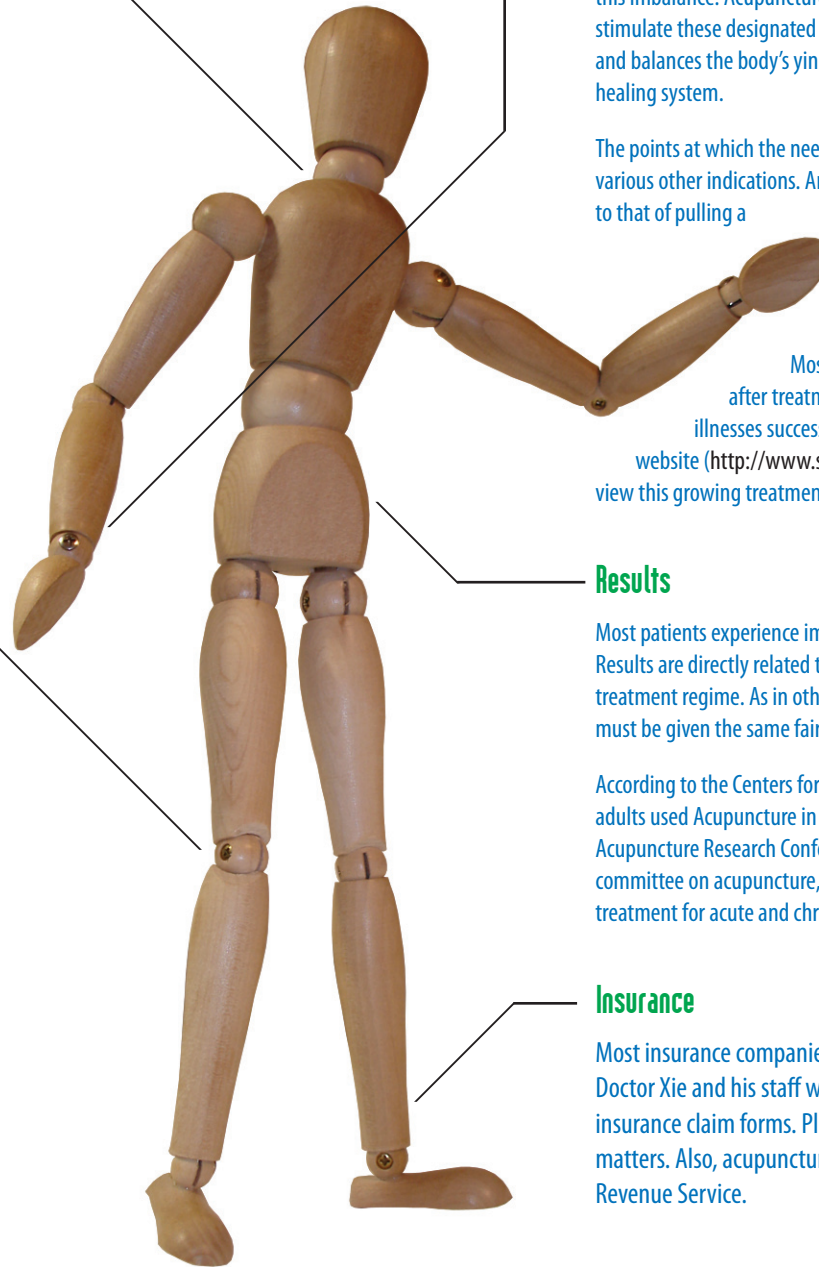
Results

Most patients experience improvement and even complete restoration to good health. Results are directly related to the patients willingness to cooperate with the prescribed treatment regime. As in other forms of treatment, results are not guaranteed. Acupuncture must be given the same fair trial as any other form of therapy.

According to the Centers for Disease Control and Prevention, over 2.1 million American adults used Acupuncture in 2002. Data presented at the National Institute of Health Acupuncture Research Conference (U.S. Dept. H.E.W., N.I.H. Publ. no. 74, 165) by an ad hoc committee on acupuncture, concluded that acupuncture provides an alternative form of treatment for acute and chronic painful conditions.

Insurance

Most insurance companies accept claims for acupuncture therapy. Doctor Xie and his staff will be happy to assist you in completing and filing your insurance claim forms. Please ask if you have any questions in regard to these matters. Also, acupuncture fees have been accepted as a deduction by the Internal Revenue Service.



Who is Dr. Xie?

Dr. RuQing Xie brings 29 years of Medical and Herbal medicine to his practice in Scottsdale Arizona. As a Third Generation Family Medical Doctor he has the advantage of family "tried and true" herbal homeopathic remedies.

Born in Guangdong, China, Dr Xie graduated from the prestigious "Chinese Traditional Medicine and Acupuncture Institute of Guangdong" in Guangdong, China. Dr. Xie obtained his M.D. from Kwan-Chu Main Hospital in China.

He is a Certified Chinese Herbalist & Acupuncturist. His area of medical expertise is Cardiology. Dr Xie specialized in Internal and diagnostic treatments of cardiovascular disease such as Cardiac Catheterization and Peutic Apparatus. As Physician-in-Charge, Cardiology Inter, Guangdong Hospital in P.R. China, Dr. Xie's expertise focused on acupuncture accupoints of Arrhytia Cardia (Supraventricular Tachycardia).

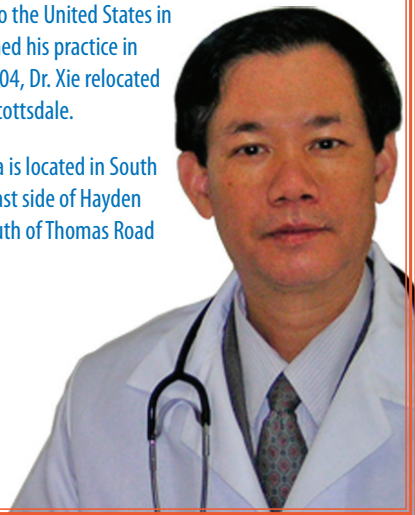
As Resident P. Department of Pathophysiology, Guangdong Hospital in China, Dr. Xie conducted a research program in Chinese New Lead System (Head-Chest Lead).

Dr. Xie has a very quite calming reassuring manner that puts you "at ease" on the treatment table. Dr. Xie believes in "treating the total person" by balancing the body energy resulting in good health and long life. In early 2005, Dr. Xie proudly became a citizen of the United States.

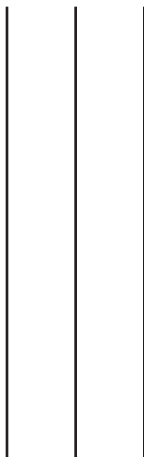
Office Location

Dr. Xie immigrated to the United States in 1993 where he opened his practice in Mesa, Arizona. In 2004, Dr. Xie relocated his office to South Scottsdale.

Acupuncture Arizona is located in South Scottsdale on the east side of Hayden Road, a half mile south of Thomas Road off South Loop 101.



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